

**ERA UNIVERSITY**

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

Ref No. EIAH/Sc&R/EU/24/1542

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEM  
VENUE – LT- 2, 5<sup>th</sup> floor, E.U.

W.E.F – 01-04-2024

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 01-04-24	<b>HOLIDAY</b> Martyrdom Day of Hazrat Ali (A.S.)						
Tues 02-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Finding Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Osteoarthritis - assessment Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaerat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida/Dr. Chahat		LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Autogenic Drainage Dr. Poonam Pachauria	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Mgt. of Spinal pain & dysfunction - II Dr. Poonam Pachauria
Wed 03-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Finding Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Neuropharyngeal Suctioning Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (P) Assessment of arthritis Dr. Anupama Dhuria		LUNCH	HAPPINESS Dr. Shazia Fatima	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Complication of pregnancy I Dr. Poonam Pachauria
Thurs 04-04-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) ICU Monitoring Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Osteoarthritis - management Dr. Anupama Dhuria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (P) Reflexes Dr. Badri Vishal		LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Motor Relearning Program Dr. Sumit Asthana	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Complication of pregnancy II Dr. Poonam Pachauria
Friday 05-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Finding Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Motor Relearning Program Demonstration Dr. Sumit Asthana		PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (P) Postnatal Physiotherapy Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (P) Practical on ACBT Dr. Poonam Pachauria	
Saturday 06-04-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Apparatus, Airways & Tubes used in the ICU Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Rheumatoid arthritis - intro. Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaerat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida/ Dr. Chahat		LUNCH		

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1. Mrs. Shaheen (V.C. office), Era University
2. Mr. Salman – Attendance Section 6<sup>th</sup> floor hospital building
3. O.S.D. – Dean Office



Dr. Sumit Asthana  
Assistant Dean & HOD  
Faculty of Allied Health Sciences & R  
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Prof. S. Riaz Mehdi  
Dean  
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Era University

**ERA UNIVERSITY**

Ref.No.EIAH/Sc&R/EU/24/1648

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

**TIME TABLE – BPT 8<sup>th</sup> SEM**  
**VENUE – LT- 2, 5<sup>th</sup> floor, E.U.**

W.E.F – 01-07-2024

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 01-07-24	EVIDENCE BASED PHYSIOTHERAPY (L) Using the evidence – CAT Dr. Badri Vishal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima <i>Drug therapy 1</i>	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) ACL & PCL Injuries – PT Mgt Dr. Anupama Dhuria		LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Parkinson's - Indirect Pathway & Clinical features Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Head Injury Dr. Sumit Asthana
Tues 02-07-24	EVIDENCE BASED PHYSIOTHERAPY (L) CPG Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Soft tissue release surgeries - PT Mgt Dr. Anupama Dhuria		PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima <i>Drug therapy 2</i>	LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Parkinson's - Assessment scales & Physiotherapy Management Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Head Injury Physiotherapy Management Dr. Sumit Asthana
Wed 03-07-24	<b>BPT NEW BATCH INTERVIEW</b>						
Thurs 04-07-24							
Friday 05-07-24	<b>HANDS ON WORKSHOP</b>						
Saturday 06-07-24							

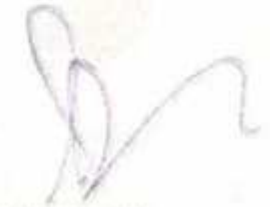
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Dr. Sumit Asthana  
Assistant Dean & HOD

Faculty of Allied Health Sciences & R  
Era University



Prof. S. Rakesh Mittal  
Dean

Faculty of Allied Health Sciences & R  
Era University

Days	9-10	10-11	11-12	12-01	01-02	02-03
Mon 03-06-24	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Zia Abbas Naqvi	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Sumit Asthana	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Wahida Khan
Tues 04-06-24	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Shazia Fatima	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Sumit Asthana	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Wahida Khan
Wed 05-06-24	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Zia Abbas Naqvi	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Sumit Asthana	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Wahida Khan
Thurs 06-06-24	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Shazia Fatima	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Sumit Asthana	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Wahida Khan
Friday 07-06-24	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Shabeeh Fatima	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Sumit Asthana	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Wahida Khan
Saturday 08-06-24	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Wahida Khan	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Sumit Asthana	LUNCH	

**Copy to:**

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2. Mr. Salman – Attendance Section 6<sup>th</sup> floor hospital building
3. O.S.D. – Dean Office



**Dr. Sumit Asthana**  
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Era University

**ERA UNIVERSITY**

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

Ref.No.EIAH/Sc&R/EU/24/1542

**DEPARTMENT OF PHYSIOTHERAPY**

**TIME TABLE – BPT 8<sup>th</sup> SEM**

W.E.F – 08-04-2024

**VENUE – LT- 2, 5<sup>th</sup> floor, E.U.**

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
<b>Mon 08-04-24</b>	<b>EVIDENCE BASED PHYSIOTHERAPY (L)</b> Reviewing Evidence Dr. Badri Vishal	<b>PHYSIOTHERAPY IN ORTHOPEDECS CONDITIONS (L)</b> Rheumatoid arthritis - assmnt. Dr. Anupama Dhuria	<b>OPD/WELLNESS/WARD</b> Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		<b>LUNCH</b>	<b>PHYSIOTHERAPY IN OBSTETRICS &amp; GYNECOLOGY (L)</b> Physical & Physiological changes of labour Dr. Poonam Pachauria	<b>PHYSIOTHERAPY IN NEUROLOGY &amp; NEUROSURGERY (L)</b> Motor Relearning Program Dr. Sumit Asthana
<b>Tues 09-04-24</b>	<b>EVIDENCE BASED PHYSIOTHERAPY (L)</b> Reviewing Evidence Dr. Badri Vishal	<b>PHYSIOTHERAPY IN ORTHOPEDECS CONDITIONS (L)</b> Rheumatoid arthritis - mgt. Dr. Anupama Dhuria	<b>OPD/WELLNESS/WARD</b> Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		<b>LUNCH</b>	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L)</b> Bedside assmnt. of adult patient Dr. Poonam Pachauria	<b>PHYSIOTHERAPY IN OBSTETRICS &amp; GYNECOLOGY (L)</b> Stages of labour II Dr. Poonam Pachauria
<b>Wed 10-04-24</b>	<b>HOLIDAY (Eid-ul-Fitr*)</b>						
<b>Thurs 11-04-24</b>	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L)</b> Bedside assmnt. of adult patient Dr. Poonam Pachauria	<b>PHYSIOTHERAPY IN ORTHOPEDECS CONDITIONS (L)</b> Ankylosing spondylitis - Intro. Dr. Anupama Dhuria	<b>PHYSIOTHERAPY IN NEUROLOGY &amp; NEUROSURGERY (P)</b> Mat Exercise Dr. Badri Vishal		<b>LUNCH</b>	<b>PHYSIOTHERAPY IN NEUROLOGY &amp; NEUROSURGERY (L)</b> Bobath Technique Dr. Sumit Asthana	<b>PHYSIOTHERAPY IN OBSTETRICS &amp; GYNECOLOGY (L)</b> Process of normal labour Dr. Poonam Pachauria
<b>Friday 12-04-24</b>	<b>EVIDENCE BASED PHYSIOTHERAPY (L)</b> Reviewing Evidence Dr. Badri Vishal	<b>PHYSIOTHERAPY IN NEUROLOGY &amp; NEUROSURGERY (L)</b> Bobath/Neuro Development Therapy Dr. Sumit Asthana		<b>PHYSIOTHERAPY IN OBSTETRICS &amp; GYNECOLOGY (P)</b> Postnatal exercises Dr. Poonam Pachauria	<b>LUNCH</b>	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (P)</b> Autogenic Drainage Dr. Poonam Pachauria	
<b>Saturday 13-04-24</b>	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L)</b> Bedside assmnt. of Pediatric Dr. Poonam Pachauria	<b>PHYSIOTHERAPY IN ORTHOPEDECS CONDITIONS (L)</b> Ankylosing spondylitis - assmnt. Dr. Anupama Dhuria	<b>OPD/WELLNESS/WARD</b> Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		<b>LUNCH</b>		

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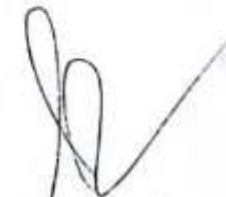
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**Dr. Sumit Asthana**

Assistant Dean & HOD

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**Prof. S. Riaz Mehdi**

Dean

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Era University

# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEM

W.E.F – 08-07-2024

VENUE – LT- 2, 5<sup>th</sup> floor, E.U.

Ref.No.EIAH/Sc&R/EU/24/1665

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 08-07-24	EVIDENCE BASED PHYSIOTHERAPY (L) CAT Format Dr. Badri Vishal	SEMINAR Dr. Shabeeh Fatima	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Impingement syndrome & AC joint injuries Dr. Anupama Dhuria		LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Myopathy: Definition, Classification & Clinical Features Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Physiotherapy Mgt. of Head Injury Dr. Sumit Asthana
Tues 09-07-24	EVIDENCE BASED PHYSIOTHERAPY (L) Using CAT Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Rotator cuff tear Dr. Anupama Dhuria	SEMINAR/GROUP DISCUSSION/CASE PRESENTATION Dr. Shabeeh Fatima		LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) P.T. Mgt. in Cardiac Surgeries Dr. Poonam Pachauria	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Gynecological Surgeries Dr. Poonam Pachauria
Wed 10-07-24	EVIDENCE BASED PHYSIOTHERAPY (L) Drawbacks of CAT Dr. Badri Vishal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Abdominal Surgeries Intro. Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (P) Spondylitis & stenosis Dr. Anupama Dhuria		LUNCH	HAPPINESS Dr. Shazia Fatima	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) P.T. Mgt. of Gynecological Surgeries Dr. Poonam Pachauria
Thurs 11-07-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) P.T. Mgt. in Abdominal Surgeries Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Ankle instability Dr. Anupama Dhuria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Neurogenic bladder Dr. Badri Vishal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Peripheral nerve injury Dr. Sumit Asthana	LUNCH	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) PID Mgt. Dr. Poonam Pachauria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Polyneuropathy: Definition, Classification & Clinical Features Dr. Chaahat Jaiswal
Friday 12-07-24	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Myopathy & Neuropathy: Assmt. & P.T. Mgt. Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (P) Physiotherapy Assessment & Mgt. of Multiple sclerosis Dr. Sumit Asthana		PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) P.T. Mgt. in Lymphedema Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) PVD Intro & Chest Radiographs Dr. Poonam Pachauria	
Saturday 13-07-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) P.T. Mgt. of PVD Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) RSD & CTS Dr. Anupama Dhuria		OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Wahida	LUNCH		

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**Dr. Sumit Asthana**  
Assistant Dean & HOD

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**Prof. S. Rizvi Mehdi**  
Dean

Faculty of Allied Health Sciences & R

## ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEM (Revised)

VENUE – LT- 2, 5<sup>th</sup> floor, E.U.

W.E.F – 09-04-2024

Ref No. EAH/Sc&R/EU/24/1542

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Wed 10-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Finding Evidence Dr. Rakesh Vishal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Bedside assessment of adult patient Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (P) Assessment of Ankylosing spondylitis Dr. Anupama Dharua		LUNCH	HAPPINESS Dr. Shazia Fatima	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Process of normal labour Dr. Poonam Pachauria

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Era University

# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEM (REMEDIAL CLASSES)

VENUE – LT- 2, 5<sup>th</sup> floor, E.U.


W.E.F – 10-06-2024

Ref.No.EIAH/Sc&R/EU/24/1632

Days	9-10	10-11	11-12	12-01	01-02	02-03
Mon 10-06-24	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Shazia Fatima	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Zia Abbas Naqvi	LUNCH	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY Dr. Wahida Khan
Tues 11-06-24	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Tahzeeb Fatima	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Anupama Dhuria
Wed 12-06-24	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Zia Abbas Naqvi	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Anupama Dhuria
Thurs 13-06-24	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Badri Vishal	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY Dr. Tahzeeb Fatima	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Zia Abbas Naqvi
Friday 14-06-24	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Badri Vishal	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Poonam Pachauria
Saturday 15-06-24	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Badri Vishal	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY Dr. Poonam Pachauria	LUNCH	

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**Dr. Sumit Asthana**

Assistant Dean & Head

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Era University

**ERA UNIVERSITY**

ERA INSTITUTE OF ALLIED HEALTH SCIENCES &amp; RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEMVENUE – LT- 2, 5<sup>th</sup> floor, E.U.

W.E.F – 11-03-2024

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 11-03-24	EVIDENCE BASED PHYSIOTHERAPY (L) Dev. of EBP Dr. Badri Vishal	PT IN ORTHO COND. (L) Aims & principles of PT Mgt in fractures Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		L	PT IN OBS & GYNAE COND. (L) Physiological changes in Pregnancy (III) Dr. Poonam Pachauria	PT IN NEURO. COND. (L) Neuro Anatomy Dr. Sumit Asthana
Tues 12-03-24	EVIDENCE BASED PHYSIOTHERAPY (L) Dev. of EBP Dr. Badri Vishal	PT IN ORTHO COND. (L) Guidelines for fracture t/t Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		U	PT IN CARDIO COND. (L) ARDS Dr. Poonam Pachauria	PT IN OBS & GYNAE COND. (L) Aquanatal Classes Dr. Poonam Pachauria
Wed 13-03-24	EVIDENCE BASED PHYSIOTHERAPY (L) Dev. of EBP Dr. Badri Vishal	PT IN CARDIO COND. (L) Poisoning Dr. Poonam Pachauria	PT IN ORTHO COND. (P) PT Assessment of fracture Dr. Anupama Dhuria		N	HAPPINESS Dr. Shazia Fatima	PT IN OBS & GYNAE COND. (L) Antenatal Classes Dr. Poonam Pachauria
Thurs 14-03-24	PT IN CARDIO COND. (L) Aspiration Dr. Poonam Pachauria	PT IN ORTHO COND. (L) PT Assessment of U/L Fractures Dr. Anupama Dhuria	PT IN NEURO. COND. (P) Neurological scales for assessment Dr. Badri Vishal		C	PT IN NEURO COND. (L) Neurological test Dr. Sumit Asthana	PT IN OBS & GYNAE COND. (L) Antenatal Physiotherapy & Exercises Dr. Poonam Pachauria
Friday 15-03-24	EVIDENCE BASED PHYSIOTHERAPY (L) Dev. of EBP Dr. Badri Vishal	PT IN NEURO. COND. (L) Neurological test & examinations Dr. Sumit Asthana		PT IN OBS & GYNAE COND. (P) Demo. of Exercise in child bearing year Dr. Poonam Pachauria	H	PT IN CARDIO COND. (P) Chest PT Techniques Dr. Poonam Pachauria	
Saturday 16-03-24	PT IN CARDIO COND. (L) Multiple Organ Failure Dr. Poonam Pachauria	PT IN ORTHO COND. (L) PT mgt of U/L Fractures Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		LUNCH		

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DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEM

VENUE – LT- 2, 5<sup>th</sup> floor, E.U.

W.E.F – 15-04-2024

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 15-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Reviewing Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Ankylosing spondylitis - mgt. Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Absan/Dr. Nida/Dr. Wahida		LUNCH	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Process of normal labour Dr. Poonam Pachauria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Neuro Developmental Therapy Dr. Sumit Asthana
Tues 16-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Reviewing Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Gout - Introduction Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Absan/Dr. Nida/Dr. Wahida		LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Bedside asmnt. of Pediatric Dr. Poonam Pachauria	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Mgt. of normal labour Dr. Poonam Pachauria
Wed 17-04-24	HOLIDAY (Ram Navmi)						
Thurs 18-04-24	<h2>INTERNAL EXAM</h2>						
Friday 19-04-24							
Saturday 20-04-24							

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2. Mr. Salman – Attendance Section 6<sup>th</sup> floor hospital building
3. O.S.D. – Dean Office



**Dr. Sumit Asthana**

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**Prof. S. Riaz Mehdi**

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# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEM

VENUE – LT- 2, 5<sup>th</sup> floor, E.U.

W.E.F – 15-07-2024

Ref.No.EIAH/Sc&R/EU/24/1670

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 15-07-24	EVIDENCE BASED PHYSIOTHERAPY (L) Understanding CPG Dr. Badri Vishal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Chest X-Ray Dr. Poonam Pachauria	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Incontinence & Constipation Dr. Poonam Pachauria	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Incontinence & Constipation Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Flexor & extensor tendon injuries Dr. Anupama Dhuria	
Tues 16-07-24	EVIDENCE BASED PHYSIOTHERAPY (L) Grade Assessment Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Polioyelitis - P.T. Mgt. Dr. Anupama Dhuria	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Neoplasm in Female Reproductive System Dr. Poonam Pachauria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Multiple Sclerosis P.T. Mgt. Dr. Sumit Asthana	LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) MND Dr. Sumit Asthana	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Types of Spina Bifida Dr. Badri Vishal
Wed 17-07-24	<b>HOLIDAY – MUHARRAM (DAY OF ASHOORA)*</b>						
Thurs 18-07-24	SKILL Revision Dr. Wahida Khan Venue: Physio OPD, 5 <sup>th</sup> floor, hospital building	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Special test – Practical Dr. Anupama Dhuria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) P.T. Mgt. of SCI Dr. Badri Vishal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Etiology & Types of MND Dr. Sumit Asthana	LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Assessment & Mgt. of MND Dr. Sumit Asthana	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Brain Tumors Dr. Chaahat Jaiswal
Friday 19-07-24	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Cerebellar Lesion Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (P) Brunnstrom Techniques Dr. Sumit Asthana		PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Polioyelitis – P.T. Mgt. Dr. Anupama Dhuria	LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Myasthenia Gravis Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Transverse Myelitis Dr. Chaahat Jaiswal
Saturday 20-07-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Revisio Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Maitland Tech. Dr. Anupama Dhuria		OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Wahida	LUNCH		

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ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEM

W.E.F – 17-06-2024

VENUE – LT- 2, 5<sup>th</sup> floor, E.U.

Ref.No.EIAH/Sc&R/EU/24/1639

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 17-06-24	<b>HOLIDAY - Eid-UI-Azha (Bakreed)</b>						
Tues 18-06-24	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Poonam Pachauria	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY Dr. Poonam Pachauria	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Anupama Dhuria	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Anupama Dhuria	
Wed 19-06-24	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Zia Abbas Naqvi	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Tahzeeb Fatima	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Dr. Poonam Pachauria	LUNCH	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Sumit Asthana	
Thurs 20-06-24	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Dr. Chaahat Jaiswal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Dr. Shabeeh Fatima	EVIDENCE BASED PHYSIOTHERAPY (L) Dr. Shabeeh Fatima	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Dr. Anupama Dhuria	LUNCH	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Dr. Anupama Dhuria	
Friday 21-06-24	EVIDENCE BASED PHYSIOTHERAPY (L) Systematic Review – Out come measurement Dr. Badri Vishal	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida		PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Mgt. of SPD during pregnancy Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (P) Chest radiographs & blood pressure monitoring Dr. Poonam Pachauria	
Saturday 22-06-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Types of MV moms Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Spondylolisthesis- PT Mgt. Dr. Anupama Dhuria	SEMINAR/GROUP DISCUSSION/CASE PRESENTATION Dr. Shabeeh Fatima		LUNCH		

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**Dr. Sumit Asthana**  
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## ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY (REVISED)

TIME TABLE – BPT 8<sup>th</sup> SEM

VENUE – LT- 2, 5<sup>th</sup> floor, E.U.

W.E.F – 18-03-2024

Ref.No.EIAH/Sc&R/EU/24/1523


Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 18-03-24	EVIDENCE BASED PRACTICE (L) Finding Evidence Dr. Badri Vishal	PT IN ORTHO COND. (L) PT Assessment of U/L Dislocation Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		L	PT IN OBS & GYNAE COND. (L) Postnatal Physiotherapy Dr. Poonam Pachauria	PT IN NEURO COND. (L) Intro. to Neuro Rehab Dr. Sumit Asthana
Tues 19-03-24	PT IN ORTHO COND. (P) Special test for Dislocation upper limb Dr. Anupama Dhuria		OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		U	PT IN CARDIO COND. (L) Smoke Inhalation Dr. Poonam Pachauria	PT IN OBS & GYNAE COND. (L) Postnatal Advises Dr. Poonam Pachauria
Wed 20-03-24	PT IN CARDIO COND. (L) Tetanus Dr. Poonam Pachauria	PT IN ORTHO COND. (L) PT mgt of U/L Dislocation Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		N	HAPPINESS Dr. Shazia Fatima	SKILL/SDL/ASSIGNMENT Dr. Anupama Dhuria
Thurs 21-03-24	PT IN CARDIO COND. (L) Oxygen Therapy Dr. Poonam Pachauria	PT IN ORTHO COND. (L) PT Assessment of L/L Fractures Dr. Anupama Dhuria	PT IN NEURO COND. (P) SCI Dr. Badri Vishal		C	PT IN NEURO COND. (L) Special Techniques Dr. Sumit Asthana	PT IN OBS & GYNAE COND. (L) Labor Dr. Poonam Pachauria
Friday 22-03-24	EVIDENCE BASED PRACTICE (L) Finding Evidence Dr. Badri Vishal	PT IN NEURO COND. (L) Complete Neurological examinations & assessment Dr. Sumit Asthana		PT IN OBS & GYNAE COND. (P) Demo. of Antenatal Exercises Dr. Poonam Pachauria	H	PT IN CARDIO COND. (P) Postural Drainage Dr. Poonam Pachauria	
Saturday 23-03-24	PT IN CARDIO COND. (L) Mechanical Ventilation Dr. Poonam Pachauria	PT IN ORTHO COND. (L) PT mgt of L/L Fractures Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		LUNCH		

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- Mr. Salman – Attendance Section 6<sup>th</sup> floor hospital building
- O.S.D. – Dean Office

  
Dr. Sumit Asthana  
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Era University

# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

Ref.No.EIAH/Sc&R/EU/24/1601

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEM

W.E.F – 20-05-2024

VENUE – LT- 2, 5<sup>th</sup> floor, E.U.

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 20-05-24	<b>HOLIDAY ELECTION</b>						
Tues 21-05-24	EVIDENCE BASED PHYSIOTHERAPY (L) Systematic review – Data base Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Amputation Dr. Anupama Dhuria	SEMINAR/GROUP DISCUSSION/CASE PRESENTATION Dr. Badri Vishal/Dr. Chahat Jaiswal	LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Mgt. of breathlessness Dr. Poonam Pachauria	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) P.T. mgt. of spinal conditions in pregnancy Dr. Poonam Pachauria	
Wed 22-05-24	EVIDENCE BASED PHYSIOTHERAPY (L) Systematic review – PICO Dr. Badri Vishal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Airway tubes in apparatus in ICU Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (P) Bandaging technique for amputation Dr. Anupama Dhuria	LUNCH	HAPPINESS Dr. Shazia Fatima	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) P.T. mgt. in Pelvic dysfunction Dr. Poonam Pachauria	
Thurs 23-05-24	<b>HOLIDAY (BUDDH POORNIMA)</b>						
Friday 24-05-24	EVIDENCE BASED PHYSIOTHERAPY (L) Systematic review - Res. Question Dr. Badri Vishal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (P) NDT & Bobath Techniques Dr. Sumit Asthana	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Complications of labor - III Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (P) Revision of chest P.T. techniques Dr. Poonam Pachauria		
Saturday 25-05-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Mgt. of Poisoning Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Amputation- assessment & mgt. Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Chahat Jaiswal/ Dr. Wahida	LUNCH			

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Prof. S. Riaz Mehdi

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Era University

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 22-07-24	EVIDENCE BASED PHYSIOTHERAPY (L) Understanding CPG Dr. Badri Vishal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Chest X-Ray Dr. Shabeeb Fatima	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Mulligan's Technique - I Dr. Anupama Dhuria	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Revision Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Sensory Integration Dr. Sumit Asthana	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Sensory Integration Demonstration Dr. Sumit Asthana
Tues 23-07-24	EVIDENCE BASED PHYSIOTHERAPY (L) Grade Assessment Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Mulligan's Technique - II Dr. Anupama Dhuria	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Revision Dr. Poonam Pachauria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Brunnstorm Dr. Sumit Asthana	LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Brunnstorm - Sensory Integration Demonstration Dr. Sumit Asthana	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Types of Spina Bifida Dr. Badri Vishal

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# ERA UNIVERSITY

Ref.No.EIAH/Sc&R/EU/24/1579

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEM

W.E.F – 22-04-2024

VENUE – LT- 2, 5<sup>th</sup> floor, E.U.

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
<b>Mon</b> 22-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Evaluating Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Periarthritic shoulder Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaerat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		LUNCH	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Complications of pregnancy - 2 Dr. Poonam Pachauria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Encephalitis Dr. Chaahat
<b>Tues</b> 23-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Finding Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Osteomyelitis Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaerat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida/Dr. Chaahat		LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) INTERNAL PRACTICAL EXAM Dr. Poonam Pachauria	
<b>Wed</b> 24-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Finding Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Rib springing Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (P) Special test of shoulder Dr. Anupama Dhuria		LUNCH	HAPPINESS Dr. Shazia Fatima	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Labour Pain Dr. Poonam Pachauria
<b>Thurs</b> 25-04-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Humidification Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Septic Arthritis Dr. Anupama Dhuria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (P) Meningitis Dr. Chaahat	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) MRP Application Dr. Sumit Asthana	LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (P) Meningitis Dr. Chaahat	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Normal labour & delivery Dr. Poonam Pachauria
<b>Friday</b> 26-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Finding Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (P) Application of Bobath & NDT Techniques Dr. Sumit Asthana		PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Manual Hyper inflation Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) INTERNAL PRACTICAL EXAM Dr. Poonam Pachauria	
<b>Saturday</b> 27-04-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Humidification Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Pyogenic arthritis Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaerat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida/ Dr. Chaahat		LUNCH		

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Era University

# ERA UNIVERSITY

Ref.No.EIAH/Sc&R/EU/24/1645

## ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH DEPARTMENT OF PHYSIOTHERAPY

**TIME TABLE – BPT 8<sup>th</sup> SEM**

W.E.F – 24-06-2024

**VENUE – LT- 2, 5<sup>th</sup> floor, E.U.**

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 24-06-24	EVIDENCE BASED PHYSIOTHERAPY (L) Data Extraction Dr. Badri Vishal	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Wabida		PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) THR Dr. Anupama Dhuria	LUNCH	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Sciatica & SPD Mgt. Dr. Poonam Pachauria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Application of Routs approach Dr. Sumit Asthana
Tues 25-06-24	EVIDENCE BASED PHYSIOTHERAPY (L) Data analysis Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) TKR Dr. Anupama Dhuria	SEMINAR/GROUP DISCUSSION/CASE PRESENTATION Dr. Zia Abbas Naqvi		LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) P.T. treatment following cardiac surgeries Dr. Poonam Pachauria	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Coccydynia & Thoracic spine Mgt. Dr. Poonam Pachauria
Wed 26-06-24	EVIDENCE BASED PHYSIOTHERAPY (L) Statistical analysis Dr. Badri Vishal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Post-Operative Mgt. of cardiac surgeries Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (P) P.T. Mgt. of THR & TKR Dr. Anupama Dhuria		LUNCH	HAPPINESS Dr. Shazia Fatima	SKILL Dr. Sumit Asthana
Thurs 27-06-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Arterial disease Dr. Poonam Pachauria	SKILL P.T. Mgt. of Tendon transfer Dr. Zia Abbas Naqvi	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Spinal cord injury pathophysiology Dr. Badri Vishal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Stroke Dr. Sumit Asthana	LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Stroke Etiology & Classification Dr. Sumit Asthana	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Nerve compression syndrome Mgt. Dr. Poonam Pachauria
Friday 28-06-24	EVIDENCE BASED PHYSIOTHERAPY (L) Report writing style Dr. Badri Vishal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (P) Assessment & Mgt. of Stroke Patient Dr. Sumit Asthana		PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (P) Circulatory disorder Mgt. Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (P) P.T. Mgt. in Arterial disease Dr. Poonam Pachauria	
Saturday 29-06-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Venous disease Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Wrist Arthroplasty Dr. Anupama Dhuria	SEMINAR/GROUP DISCUSSION/CASE PRESENTATION Dr. Shabeeh Fatima		LUNCH		

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# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEM

VENUE – LT- 2, 5<sup>th</sup> floor, E.U.

Ref.No.EIAH/Sc&R/EU/24/1542

W.E.F – 25-03-2024

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
<b>Mon</b> 25-03-24	<b>HOLIDAY (HOLY &amp; DULHENDI)</b>						
<b>Tues</b> 26-03-24	<b>EVIDENCE BASED PHYSIOTHERAPY (L)</b> Finding Evidence Dr. Badri Vishal	<b>PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L)</b> Spinal fracture – intro. Dr. Anupama Dhuria	<b>OPD/WELLNESS/WARD</b> Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida/Dr. Chaabat	LUNCH		<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L)</b> Tetanus II Dr. Poonam Pachauria	<b>PHYSIOTHERAPY IN OBSTETRICS &amp; GYNECOLOGY (L)</b> Antenatal classes II Dr. Poonam Pachauria
<b>Wed</b> 27-03-24	<b>EVIDENCE BASED PHYSIOTHERAPY (L)</b> Finding Evidence Dr. Badri Vishal	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L)</b> Aspiration II Dr. Poonam Pachauria	<b>PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (P)</b> Dr. Anupama Dhuria	LUNCH		<b>HAPPINESS</b> Dr. Shazia Fatima	<b>PHYSIOTHERAPY IN OBSTETRICS &amp; GYNECOLOGY (L)</b> Antenatal classes II Dr. Poonam Pachauria
<b>Thurs</b> 28-03-24	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L)</b> Active cycle of breathing techniques Dr. Poonam Pachauria	<b>PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L)</b> Spinal fracture – assessment Dr. Anupama Dhuria	<b>PHYSIOTHERAPY IN NEUROLOGY &amp; NEUROSURGERY (P)</b> ASIA Scale Dr. Badri Vishal	LUNCH		<b>PHYSIOTHERAPY IN NEUROLOGY &amp; NEUROSURGERY (L)</b> P.N.F Dr. Sumit Asthana	<b>PHYSIOTHERAPY IN OBSTETRICS &amp; GYNECOLOGY (L)</b> Mgt. of spinal pain & dysfunction Dr. Poonam Pachauria
<b>Friday</b> 29-03-24	<b>EVIDENCE BASED PHYSIOTHERAPY (L)</b> Finding Evidence Dr. Badri Vishal	<b>PHYSIOTHERAPY IN NEUROLOGY &amp; NEUROSURGERY (L)</b> P.N.F Demonstration Dr. Sumit Asthana		<b>PHYSIOTHERAPY IN OBSTETRICS &amp; GYNECOLOGY (P)</b> Antenatal exercises Dr. Poonam Pachauria	LUNCH	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (P)</b> Practical on Postural Drainage Dr. Poonam Pachauria	
<b>Saturday</b> 30-03-24	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L)</b> Facilitation of cough Dr. Poonam Pachauria	<b>PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L)</b> Spinal fracture – mgt. Dr. Anupama Dhuria	<b>OPD/WELLNESS/WARD</b> Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida	LUNCH			

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2. Mr. Salman – Attendance Section 6<sup>th</sup> floor hospital building
3. O.S.D. – Dean Office



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# ERA UNIVERSITY

ERA INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

TIME TABLE – BPT 8<sup>th</sup> SEM

VENUE – LT- 2, 5<sup>th</sup> floor, E.U.

Ref.No.EIAH/Sc&R/EU/24/1601

W.E.F – 27-05-2024

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 27-05-24	<b>PARENTS TEACHER MEETING</b>						
Tues 28-05-24	<b>EVIDENCE BASED PHYSIOTHERAPY (L)</b> Systematic Review- Process Dr. Badri Vishal	<b>PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L)</b> Cervical spondylitis Dr. Anupama Dhuria	<b>SEMINAR/GROUP DISCUSSION/CASE PRESENTATION</b> Dr. Badri Vishal/Dr. Chaahat Jaiswal/Dr. Shabeeh Fatima		LUNCH	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L)</b> Shock P.T. mgt. Dr. Poonam Pachauria	<b>PHYSIOTHERAPY IN OBSTETRICS &amp; GYNECOLOGY (L)</b> P.T. mgt. in incontinence Dr. Poonam Pachauria
Wed 29-05-24	<b>EVIDENCE BASED PHYSIOTHERAPY (L)</b> Systematic Review- Study design filter Dr. Badri Vishal	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L)</b> Intro. to cardiac surgeries Dr. Poonam Pachauria	<b>PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (P)</b> Special test for cervical and lumbar spondylitis Dr. Anupama Dhuria		LUNCH	<b>HAPPINESS</b> Dr. Shazia Fatima	<b>SKILL</b> Dr. Sumit Asthana
Thurs 30-05-24	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L)</b> P.T. mgt. in cardiac surgeries Dr. Poonam Pachauria	<b>PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L)</b> Lumbar spondylitis Dr. Anupama Dhuria	<b>PHYSIOTHERAPY IN NEUROLOGY &amp; NEUROSURGERY (L)</b> SCI - Classification Dr. Badri Vishal	<b>PHYSIOTHERAPY IN NEUROLOGY &amp; NEUROSURGERY (L)</b> Parkinson - Definition, Classification & Pathophysiology Dr. Chaahat Jaiswal	LUNCH	<b>PHYSIOTHERAPY IN NEUROLOGY &amp; NEUROSURGERY (L)</b> Routs approach Dr. Sumit Asthana	<b>PHYSIOTHERAPY IN OBSTETRICS &amp; GYNECOLOGY (L)</b> Intro. to gynecological vargeries Dr. Poonam Pachauria
Friday 31-05-24	<b>EVIDENCE BASED PHYSIOTHERAPY (L)</b> Systematic Review - Selecting studies Dr. Badri Vishal	<b>PHYSIOTHERAPY IN NEUROLOGY &amp; NEUROSURGERY (P)</b> Techniques of routs approach Dr. Sumit Asthana		<b>PHYSIOTHERAPY IN OBSTETRICS &amp; GYNECOLOGY (P)</b> P.T. mgt. in gynecological surgery Dr. Poonam Pachauria	LUNCH	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (P)</b> Types of modex used in mechanical MV Dr. Poonam Pachauria	
Saturday 01-06-24	<b>PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L)</b> PFT Dr. Shabeeh Fatima		<b>SEMINAR/GROUP DISCUSSION/CASE PRESENTATION</b> Dr. Badri Vishal/Dr. Chaahat Jaiswal/Dr. Shabeeh Fatima		LUNCH		

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W.E.F – 29-04-2024

Ref.No.EIAH/Sc&R/EU/24/1582

Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 29-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Evaluating Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Septic arthritis Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		LUNCH	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Mgt. of spinal pain - 3 Dr. Poonam Pachauria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) Special Technique Dr. Sumit Asthana
Tues 30-04-24	EVIDENCE BASED PHYSIOTHERAPY (L) Evaluating Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Pyogenic arthritis Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida/Dr. Chaahat		LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Internal Practical Exam Dr. Poonam Pachauria	
Wed 01-05-24	EVIDENCE BASED PHYSIOTHERAPY (L) Evaluating Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) PT in lung surgeries - 1 Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (P) Internal Practical Exam Dr. Anupama Dhuria		LUNCH	HAPPINESS Dr. Shazia Fatima	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Mgt. of labor in C - Section Dr. Poonam Pachauria
Thurs 02-05-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) PT in lung surgeries - 11 Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Perthes disease Dr. Anupama Dhuria	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (P) Polio myelitis Dr. Badri Vishal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (P) Bell's Palsy Dr. Chaahat Jalewal	LUNCH	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (L) MRP & PNF Practice Dr. Sumit Asthana	PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Uterine prolapse classification Dr. Poonam Pachauria
Friday 03-05-24	EVIDENCE BASED PHYSIOTHERAPY (L) Evaluating Evidence Dr. Badri Vishal	PHYSIOTHERAPY IN NEUROLOGY & NEUROSURGERY (P) Internal Practical Exam Dr. Sumit Asthana		PHYSIOTHERAPY IN OBSTETRICS & GYNECOLOGY (L) Uterine prolapse Mgt. Dr. Poonam Pachauria	LUNCH	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (P) Cardio Respiratory Assessment Dr. Poonam Pachauria	
Saturday 04-05-24	PHYSIOTHERAPY IN CARDIOTHORACIC CONDITIONS (L) Poisoning Dr. Poonam Pachauria	PHYSIOTHERAPY IN ORTHOPEDICS CONDITIONS (L) Perthes disease - PT Mgt. Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida/ Dr. Chaahat		LUNCH		

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W.E.F – 04-03-2024


Days	9-10	10-11	11-12	12-01	01-02	02-03	03-04
Mon 04-03-24	EVIDENCE BASED PRACTICE (L) Concept of EBP Dr. Badri Vishal	PT IN ORTHO COND. (L) Fractures – overview Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		L	PT IN OBS & GYNAE COND. (L) Dr. Poonam Pachauria	PT IN NEURO COND. (L) Neuro Anatomy Dr. Sumit Asthana
Tues 05-03-24	EVIDENCE BASED PRACTICE (L) Concept of EBP Dr. Badri Vishal	PT IN ORTHO COND. (L) Fractures – U/L Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		U	PT IN CARDIO COND. (L) Neurophysiologic Facilitation of Respiration Dr. Poonam Pachauria	PT IN OBS & GYNAE COND. (L) PT in Child bearing year (Pelvic Pain) Dr. Poonam Pachauria
Wed 06-03-24	EVIDENCE BASED PRACTICE (L) Concept of EBP Dr. Badri Vishal	PT IN CARDIO COND. (L) Intro. to ICU Apparatus Dr. Poonam Pachauria	PT IN ORTHO COND. (P) Dr. Anupama Dhuria		N	HAPPINESS Dr. Shazia Fatima	PT IN OBS & GYNAE COND. (L) Physiological Changes in Pregnancy (I) Dr. Poonam Pachauria
Thurs 07-03-24	PT IN CARDIO COND. (L) Pulmonary Edema Dr. Poonam Pachauria	PT IN ORTHO COND. (L) Fractures – L/L Dr. Anupama Dhuria	PT IN NEURO COND. (P) Neurological scales for assessment Dr. Badri Vishal		C	LIBRARY	PT IN OBS & GYNAE COND. (L) Physiological Changes in Pregnancy (II) Dr. Poonam Pachauria
Friday 08-03-24	HOLIDAY (MAHASHIVRATRI)						
Saturday 09-03-24	PT IN CARDIO COND. (L) Near Drowning Dr. Poonam Pachauria	PT IN ORTHO COND. (L) Fractures – spine Dr. Anupama Dhuria	OPD/WELLNESS/WARD Dr. Badri Vishal/Dr. Kaenat/Dr. Hema/Dr. Ahsan/Dr. Nida/Dr. Wahida		LUNCH		

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